

Personal, Social, Health and Economic (PSHE) Curriculum – Key Stages 4 and 5

UNIT	YEAR 10	YEAR 11	YEAR 12
1.1	Introduction to Y10, PSHE aims, rules	Introduction to Y11, PSHE aims, rules	Transition to A level
1.2	Current Events	Lifestyles and wellbeing	Health and wellbeing
1.3	Coercive Control	Influences on lifestyle decisions	Healthy study habits
1.4	Online Safety	Planning healthy meals	
1.5	Cancer Awareness	Healthy eating through life	Black History Month
1.6	Testicular/Breast Cancer	Being Health Aware	Mental health difficulties
2.1	Consent	Social Engineering	Strategies to avoid procrastination
2.2	Change, Loss & Grief	The teenage brain	World Science Day
2.3	Depression	Rights and responsibilities	Class A drugs
2.4	Rights in the Workplace	When things go wrong online	Class A drugs
2.5	The Influence of the Media	Gangs and knife crime	Class B drugs
2.6	Sexism	First Aid	Class C and prescription drugs
3.1	Knife Crime	Emotional Literacy and Self Awareness	Cosmetic and plastic surgery
3.2	Anti-Social Behaviour	Menopause	
3.3	Social Media Addiction	Individual, family and community	Critical thinking and fake news
3.4	Developing Learning Skills	Relationships	Fake news and bias
3.5	Credit and debt, borrowing money	Stereotypes and Prejudice	Conspiracy theories
3.6	Money Matters Session	Diverse and conflicting values	
4.1	First Aid: Burns & Scalds and Vulnerability	Communities and Living in Britain	Employability
4.2	Sexual Harassment & Stalking	The Equality Act and hate crimes	Curriculum Vitaes
4.3	Vaping	Discrimination and bias	
4.4	Binge Drinking	Influencing attitudes	Technological literacy
4.5	Understanding Contraception	Artificial Intelligence	
4.6	Revision Skills	Democracy and voting	Personal statements
5.1	Money Laundering	Careers	Personal statements
5.2	Marriage	Apprenticeships	University visits
5.3	Personal Safety	Fertility and pregnancy choices	University visits
5.4	Tattoos & Piercings	LGBTQ	Personal statements
5.5	Non-consensual Image Sharing	Mindfulness and stress management	
5.6	Stress Management	Review of PSHE learning	Financial literacy
6.1	Talk Relationships	EXAMS	Climate change
6.2	Positive Masculinity	EXAMS	Drugs, festivals, parties
6.3	CV Writing	EXAMS	
6.4	Consider next steps	EXAMS	Toxic and positive masculinity
6.5	Action planning for Y11	EXAMS	Emotional wellbeing
6.6	Review of Y10 PSHE Learning	EXAMS	Review of Y12 PSHE Learning