

Personal, Social, Health and Economic (PSHE) Curriculum – Key Stages 4 and 5

UNIT	YEAR 10	YEAR 11	YEAR 12
1.1	Introduction to Y10, PSHE aims, rules	Introduction to Y11, PSHE aims, rules	Transition to A level
1.2	Current Events	Lifestyles & Wellbeing	Health and wellbeing
1.3	Coercive Control	Influences on lifestyle decisions	Healthy study habits
1.4	Online Safety	Planning healthy meals	
1.5	Cancer Awareness	Being Active	Black History Month
1.6	Testicular/Breast Cancer	Being Health Aware	Mental health difficulties
2.1	Consent	Risk and Safety	Strategies to avoid procrastination
2.2	Change, Loss & Grief	The teenage brain	World Science Day
2.3	Depression	Rights and responsibilities	Class A drugs
2.4	Rights in the Workplace	When things go wrong online	Class A drugs
2.5	The Influence of the Media	Online safety	Class B drugs
2.6	Sexism	Gangs	Class C and prescription drugs
2.7	Post 16 Introduction - Choices	First Aid	
3.1	Knife Crime	Identity	Cosmetic and plastic surgery
3.2	Anti-Social Behaviour	Individual, family and community values	
3.3	Social Media Addiction	Healthy relationships	Critical thinking and fake news
3.4	Developing Learning Skills	Stereotypes and prejudice	Fake news and bias
3.5	Credit and debt, borrowing money	Diverse and conflicting values	Conspiracy theories
3.6	Money Matters Session #2	Gender identity and transgender	
4.1	First Aid: Burns & Scalds and Vulnerability	Communities and Living in Britain	Employability
4.2	Sexual Harassment & Stalking	The Equality Act and hate crimes	Curriculum Vitaes
4.3	Vaping	Discrimination through invisibility	
4.4	Binge Drinking	Challenging discrimination	Technological literacy
4.5	Revision Skills	Democracy and voting	Personal statements
5.1	Money Laundering	What do I want to do? Careers	Personal statements
5.2	Marriage	Types of employment and trends	University visits
5.3	Personal Safety	Marketing yourself / personal branding	University visits
5.4	Tattoos & Piercings	Rights and responsibilities at work	Personal statements
5.5	Mindfulness	Mindfulness	Financial literacy
5.6	Stress Management	Relaxation	
6.1	CV Writing	EXAMS	Climate change
6.2	CV Writing	EXAMS	Drugs, festivals, parties
6.3	Consider next steps	EXAMS	
6.4	Action planning for Y11	EXAMS	Toxic and positive masculinity
6.5		EXAMS	Emotional wellbeing
6.6	Review of Y10 PSHE Learning	EXAMS	Review of Y12 PSHE Learning