

W/C	Unit	YEAR 10	YEAR 11	YEAR 12
4-Sep	1.1	Introduction to Yr 10, PSHE aims, rules	Introduction to Yr 11, PSHE aims, Rules	Transition to A level
11-Sep	1.2	Current Events 2023	Lifestyles & Wellbeing	Health and wellbeing
18-Sep	1.3	Coercive Control	Influences on lifestyle decisions	Healthy study habits
25-Sep	1.4	Online Safety	Planning healthy meals	
2-Oct	1.5	Cancer Awareness	Being Active	Black History Month 2023
9-Oct	1.6	Testicular/Breast Cancer	Being Health Aware	Mental health difficulties
HALF TERM				
30-Oct	2.1	Consent	Risk and Safety	Strategies to avoid procrastination
6-Nov	2.2	Change, Loss & Grief	The teenage brain	World Science Day 2023 Fri 10 Nov
13-Nov	2.3	Depression	Rights and responsibilities	Class A drugs
20-Nov	2.4	Rights in the Workplace	When things go wrong online	Class A drugs

27-Nov	2.5	The Influence of the Media	Online safety	Class B drugs
4-Nov	2.6	Sexism	Gangs	Class C and prescription drugs
11-Nov	2.7	Post 16 Introduction - Choices	First Aid	
CHRISTMAS				
1-Jan	3.1	Knife Crime	Identity	Cosmetic and plastic surgery
8-Jan	3.2	Anti-Social Behaviour	Individual, family and community values	
15-Jan	3.3	Social Media Addiction	Healthy relationships	Critical thinking and fake news
22-Jan	3.4	Developing Learning Skills	Stereotypes and prejudice	Fake news and bias
29-Jan	3.5	Credit and Debt, borrowing money	Diverse and conflicting values	Conspiracy theories
5-Feb	3.6	Money Matters Session #2	Gender identity and transgender	
HALF TERM				
19-Feb	4.1	First Aid : Burns & Scalds and Vulnerability	Communities and Living in Britain	Employability
26-Feb	4.2	Sexual Harassment & Stalking	The Equality Act and hate crimes	Curriculum Vitaes

4-Mar	4.3	Vaping	Discrimination through invisibility	
11-Mar	4.4	Binge Drinking	Challenging discrimination	Technological literacy
18-Mar	4.5	Revision Skills	Democracy and voting	Personal statements
EASTER				
15-Apr	5.1	Money Laundering	What do I want to do? Careers	Personal statements
22-Apr	5.2	Marriage	Types of employment and trends	University visit - Oxford Brookes University
29-Apr	5.3	Personal Safety	Marketing yourself / personal branding	University visit - City, University of London
6-May	5.4	Tattoos & Piercings	Rights and responsibilities at work	Personal statements
13-May	5.5	Mindfulness	Mindfulness	Financial literacy
20-May	5.6	Stress Management	Relaxation	
HALF TERM				
3-Jun	6.1	CV Writing	EXAMS	Climate change
10-Jun	6.2	CV Writing	EXAMS	Drugs, festivals, parties

17-Jun	6.3	Consider Next steps	EXAMS	
24-Jun	6.4	Action planning Year 11	EXAMS	Toxic and positive masculinity
1-Jul	6.5	What have we learnt this yr in PSHE?	EXAMS	Emotional wellbeing
	6.6			Review of Y12 PSHE learning